**Small Group Ministry**

**Group Session Plan**

**To Find Peace**

**Opening Words** “If There Is To Be Peace”

If there is to be peace in the world, there must be peace in the nations.

If there is to be peace in the nations, there must be peace in the cities.

If there is to be peace in the cities, there must be peace between neighbors.

It there is to be peace between neighbors, there must be peace in the home.

It there is to be peace in home, there must be peace in the heart."

Lao-tse, *Singing the Living Tradition* #602

**Check-in/Sharing**

Topic/Activity

Directions: Read this through twice and ask participants to reflect on the reading in silence for six minutes, then let a discussion proceed

This session starts with a story from the desert monks: "Abba Joseph said to Abba Pastor, “Tell me how l can become a monk.” The elder replied, “If you want to have rest in this life and also in the next, in every conflict with another one say, "Who am I?" and judge no one."

Share your reflection on this reading.

**Likes and Wishes**

**Closing Words** “Go In Peace”

Go in peace. Live simply, gently, at home in yourself.

Act justly. Speak justly.

Remember the depths of your own compassion.

Forget not your power in the days of your powerlessness.

Do not desire to be wealthier than your peers, and stint not your hand in charity.

Practice forbearance. Speak the truth, or speak not.

Take care of yourself as bodies, for you are a good gift.

Crave peace for all people of the world, beginning with yourselves,

and go as you go with the dream of that peace alive in your heart.

Mark Belletini, *Singing the Living Tradition* #686

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