**Small Group Ministry**

**Group Session Plan**

**Mystery of Healing**

**Opening Words**

We are here to follow the promptings of our deepest heart.

We are here with expectations, alive, spoken and unspoken.

We are here because we are human.

Creatures of Solitude and communion.

Wanting wholeness, knowing brokenness.

We meet here once again to remind ourselves of what we already know.

We open ourselves to word, story, song.

To whatever breaks in upon us or summons us to speak or act.

Our time together affects our time apart.

We want to participate, to be known, to be loved.

What we want for ourselves, we want for others.

We know limits, yet so much is possible...

Adapted from Mark Belletini

**Check-in/Sharing**

**Topic/Activity**

All of us have experiences of disappointment and despair. All of us have felt hopeless. All of us have felt dead to ourselves and to the world. And all have been revived. People find their way back from despair by different routes: by prayer, through time, through activity or by diving deeper into their pain; by reading, through solitude; by another's healing words or healing touch.

How has it been for you?

**Likes and Wishes**

**Closing Words**

We want to participate, to be known, to be loved.

What we want for ourselves, we want for others.

We know limits, yet so much is possible.

May our reason and our passion keep us true to ourselves, true to each other, and true to our vision of what we are becoming.

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